



CAMP CAROLINE BAND WORKSHOP

MARCH 5-7, 2018



INFORMATION PACKAGE

CAMP CAROLINE BAND WORKSHOP MARCH 5-7, 2018

Parent Information Sheet

The Grade 7, 8 and 9 Westmount Band students will be attending a three day band workshop in Caroline, AB. This is a very exciting opportunity for us as it gives our students a chance to develop their skills through numerous workshops and full rehearsals. It is also a chance for our students to play as part of a larger ensemble. The various instructors and clinicians will challenge each student to grow musically, to a degree not possible within the limited time in a classroom situation.

Students will be supervised by teachers and parent chaperones. **We are in need of both male and female parent chaperones to accompany us on this trip. If you are interested please let Mr. Martin know via email or phone call. Preference will be given to those who have current first aid and CPR training. Chaperones require a current RCMP criminal record check.**

The cost of this trip is **\$250 for grade 7 students, and \$350 for grade 8/9 students (this fee includes the Edmonton trip on March 12th and 13th).** This fee covers most the cost of the facilities, accommodation, all meals, clinicians, and bus transportation (National Coach Lines).

Camp Caroline is a **peanut / nut aware camp**. If your student has any other food allergies or intolerances (including vegetarian or gluten-free), please write them down on the medical form section of this package. Camp Caroline is very accommodating to most diets.

Please review the attached information and return the necessary forms to the school prior to **FEBRUARY 16th, 2018.**

Please let Mr. Martin know right away if your child will not be attending camp so numbers can be finalized quickly.

If you have any questions about any aspect of this trip please contact Mr. Martin via email martind@fsd38.ab.ca or at the school (403)995-4824

CAMP CAROLINE BAND WORKSHOP

WHERE: Camp Caroline, Alberta. Located 4 kilometers south of Caroline. AFTER HOURS EMERGENCY PHONE NUMBER (1-403-722-9906) www.campcaroline.ab.ca - Cell phone reception is variable. Please contact Camp Caroline directly to get ahold of Mr. Martin or your child. The Camp Director will put you in contact with a Westmount staff member once you have placed the call.

WHO: Westmount School 7, 8 and 9 Band Students.

WHAT: Clinics and full band rehearsals, professional instructors and musicians.

COST: \$250 (grade 7) and \$350 (grade 8/9, includes Edmonton trip) - There will be no place to spend money at camp and no need for students to bring any additional money along.

ACCOMPANYING ADULTS:

Mr. Martin (Westmount Band Director)
Ms. Sheena Johnston
Parent Chaperones

YOU WILL NEED:

- Band instrument, music and a PENCIL!!!
- Instrument Supplies (reeds, valve oil etc.)
- Sleeping Bag and Pillow.
- Personal Items (toothbrush, toothpaste, soap, towels, sleepwear)
- Indoor Shoes or Slippers. Indoor Running Shoes are needed for the newly completed gym.
- Swimsuit and Towel
- Medications (clearly labeled)
- Outdoor Clothing (jacket, gloves, walking shoes etc.) PLEASE CHECK THE WEATHER FORECAST AND DRESS APPROPRIATELY.
- Water Bottle
- Flashlight for walking to the campfire.
- Cards or small board games are allowed.
- Others – book, camera, IPOD, etc. are brought at your **OWN RISK**. CELLPHONES SERVICE IS VERY LIMITED. STUDENTS WILL NOT HAVE ACCESS TO WIFI
- PACK WELL – ROOM ON THE BUS IS LIMITED AND WE ASK FOR **ONE** SUITCASE EACH!!!

PLEASE DO NOT BRING ANY POP OR JUNK FOOD – DO NOT BRING MONEY

**CAMP CAROLINE BAND WORKSHOP
MARCH 5-7, 2018**

Checklist

Did you:

_____ Sign the FSD consent form for activities

_____ Complete FSD Medical Form

_____ Sign FSD Swimming Waiver

_____ Contact Mr. Martin if you want to be a chaperone?

_____ Have your child read and sign the student expectation page

Payment plans can be accommodated if needed. Please speak to or email Mr. Martin

Please send all the above to the school in an envelope with your child's name on it by **FEBRUARY 16th, 2018.**

CAMP CAROLINE BAND WORKSHOP
MARCH 5-7, 2018
Tentative Itinerary

BRING A LUNCH FOR MONDAY

Monday March 5

12:30 Load buses and depart from Westmount (eat lunch on the bus)
3:00 Arrive, expectations, room assignments, set up
4:00 Flex time
5:30 Dinner
6:30 Gr 7 Rehearsal – Gr 8/9 - Flex time
7:30 Gr 8/9 Rehearsal – Gr 7 – Flex time
9:00 Snack
10:00 In rooms, get ready for bed
10:30 Lights Out

Tuesday March 6

7:00 Pool Open
8:30 Breakfast
9:30 8/9 Band instrument clinics, 7 Band flex time
12:00 Lunch
1:00 7 Band instrument clinics, 8/9 Band flex time
3:30 7 Band and 8/9 Band Rehearsal with Guest Conductor
5:30 Dinner
6:30 7 Band and 8/9 Band Rehearsal with Guest Conductor
9:00 Flex Time
10:00 In rooms, get ready for bed
10:30 Lights Out

Wednesday March 7

7:00 Pool Open
8:00 Wake up
8:30 Breakfast
9:00 Pack and Clean Rooms
9:30 Load equipment and get on the bus
9:45 Leave for Home
12:00 Arrive at Westmount School *

*Students will be provided with a lunch upon arrival at Westmount

Games and Team Building Activities

An opportunity for students to get to know each other better and see each other in a different perspective through fun team building activities.

Flex Time

This is time where students can just hang out and relax, read by the fire, play in the games room or indoor gym, play cards / board games or work on homework. The pool will not be open at this time, and students *are not allowed in their rooms*.

Activities

Students must take part in one of the activity choices by signing up. Staying in their room or hanging out in the common areas is not allowed. Activities can include the following:

- Pool
- Indoor Gym
- Outdoor Football or Soccer Game
- Outdoor Basketball
- Swing Area
- Outdoor walking trails
- Outdoor Game of Capture the Flag
- Outdoor Orienteering Game
- Study Hall (quiet homework or silent reading time)

Full Band Rehearsals and Instrument Clinics

Students are expected to be 5 mins early to their chair in order to warmed up and ready with all music and a pencil. Lateness will not be accepted to these rehearsals.

MEDICAL INFORMATION FORM - FIELD TRIPS
(For Overnight and Out of Province Trips)

Trip Information

Description of Activity Camp Caroline Grade 7, 8/9 Activity Date March 5-7, 2018

Student Information

Student Name: _____ Birthdate: ___ / ___ / ___
(YY)(MM)(DD)

Parent contact telephone # _____
(Home) (Work)

Emergency contact #1 _____
(Name) (Phone)

Emergency contact #2 _____
(Name) (Phone)

Medical Information

Is your child presently under the care of a physician? If yes, please provide details.

Is your child currently taking any medications? If yes, please provide details.

Does your child have any known allergies? If yes, please provide details and required treatment.

Please list any dietary concerns or conditions that your child has.

Please list any other medical concerns that teachers should be aware of (eg bedwetting, sleepwalking, etc)

Please list any concerns or conditions not already identified that can influence your child's participation in this activity.

This is my/our permission for the teacher in charge, or their designate, to make arrangements for any necessary emergency medical attention in the event of serious illness or injury. If such attention is required, every effort will be made to notify the parent/guardian or emergency contact as quickly as possible.

Alberta Health Care Number (optional) _____

Date: _____ Signature of Parent/Guardian _____

**FOOTHILLS SCHOOL DIVISION #38
INFORMED CONSENT/PERMISSION FORM FOR SWIMMING ACTIVITIES**

DEFINITION

In this form, the term “Swimming Activities” shall include all swimming areas, diving, water slides, hot tubs, saunas, steam rooms, and/or any other water related activities that may be accessed by the student while participating in an approved school activity or field trip on or about (date(s))_____. Supervision will be by persons who may not have valid Life Guard certification.

ASSUMPTION OF RISKS:

Participation in the Swimming Activities carries with them certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks vary from one activity to another, but the risks range from:

- 1) Minor injuries such as scratches, bruises, and sprains
- 2) Major injuries such as burns, eye injury or loss of sight, joint or back injuries, heart attacks, and concussions
- 3) Catastrophic injuries such as paralysis, drowning and death.

The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student, or the school board, its’ employees/agents or the facility where the activity is taking place. By choosing to take part in Swimming Activities, you are accepting the risk that you/your child may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. If you choose to participate in the above referenced Swimming Activities, you must understand that you bear the responsibility for any injury that may occur. Foothills School Division #38 has basic student accident insurance coverage in place as described more fully in the materials that were sent home at the commencement of the school year.

ACKNOWLEDGEMENT:

We have read the previous paragraphs and we know, understand, and appreciate these and other risks that are inherent in the Swimming Activities. We hereby assert that our child’s participation is voluntary and that we knowingly assume all such risks.

Signature of Parent/Guardian: _____ Date: _____

STUDENT SIGNATURE REQUIRED FOR GRADES 10, 11, AND 12 ONLY

Signature of Student: _____ Date: _____

DECLARATION OF SWIMMING ABILITIES AND MEDICAL CONDITIONS

- 1) We hereby declare that our child has the following swimming abilities (eg, non-swimmer, beginner, capable swimmer, etc) _____
- 2) List most recent certification and level if applicable (eg Red Cross Level 3) _____
- 3) Identify any medical conditions which could be compromised by pool use, or make pool use less safe for others (eg infections, chlorine/chemical sensitivity, etc) _____

PERMISSION:

We give _____ permission to participate in the Swimming Activities
(Students Name)

to be held on or about the following date(s) _____ in conjunction with the (name of field trip) _____.

Signature of Parent/Guardian: _____ Date: _____

**FOOTHILLS SCHOOL DIVISION #38
INFORMED CONSENT/PERMISSION FORM FOR EDUCATION FIELD TRIPS**

Westmount School is arranging Camp Caroline Band Workshop to take place on March 5-7, 2018
This event will take place with students from Westmount School
Transportation will be via National Coach Charter Busses and parent drivers.

THIS FORM MUST BE READ AND SIGNED BY EVERY STUDENT WHO WISHES TO PARTICIPATE AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT. THIS FORM MUST BE COMPLETED AND RETURNED TO THE SCHOOL BY February 16th, 2018.

ELEMENTS OF RISK:

Educational activity programs involve certain elements of risk! Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injury or risks which may result from participating in Camp Caroline Band Workshop.

- | | |
|----------------------|--|
| 1. Bus Accident | 2. Twisted Ankle from outdoor activity |
| 3. Swimming Accident | 4. Instrument Related Injuries |

The risk of sustaining these types of injuries result from the nature of the activity and can occur without fault of either the student or the school board, its' employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child may be injured.

The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity.

If you choose to participate in the above referenced activity, you must understand that you bear the responsibility for any injury that may occur. Foothills School Division #38 has basic student accident insurance coverage in place as described more fully in the materials that were sent home at the commencement of the school year.

ACKNOWLEDGEMENT:

WE HAVE READ THE ABOVE. WE UNDERSTAND THAT BY PARTICIPATING IN THE ACTIVITY DESCRIBED ABOVE, WE ARE ASSUMING THE RISKS ASSOCIATED WITH DOING SO.

Signature of Parent/Guardian: _____ Date: _____

PERMISSION:

I give _____ permission to participate in the Camp Caroline Band Workshop
(Students Name)
to be held on or about March 5-7, 2018

Signature of Parent/Guardian: _____ Date: _____

CAMP CAROLINE BAND WORKSHOP
March 5-7, 2018

Student Expectations

Students will be traveling under the authority of the Foothills School Division and the regulations which govern student conduct at school will be in effect throughout the trip.

Students will respect the authority of all chaperones and camp staff at all times

Students are responsible to any other teachers for all work missed during this trip.

Involvement in any way with drugs, alcohol, tobacco or stealing is not permitted during the trip and will result in being sent home and followed up with school administration.

There will be no girls in boys' rooms and no boys in girls' rooms at **any** time. Common areas will be provided for all students.

Foul language will not be tolerated.

Everyone takes part in all happenings during the trip unless prearranged with Mr. Martin

Serious problems will be dealt with in this order:

1. Room changes and phone calls home to inform parents of the event.
2. Trip home at parent's expense and follow up with school administration.

I, _____ (students name) have read the expectations and understand the consequences to any inappropriate behavior or actions during the Camp Caroline trip.

Student Signature: _____

Parent Signature: _____